SEMESTER LESSON PLAN (RPS)

APPETIZER AND SOUP BG 207



Lecturer:
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Dr. Ai Mahmudahtusaadah. MSi

CULINARY EDUCATION STUDY PROGRAM
DEPARTMENT OF FAMILY WELFARE EDUCATION
FACULTY OF TECHNOLOGY AND VOCATIONAL EDUCATION
UNIVERSITAS PENDIDIKAN INDONESIA
2021

		Study Program		ıdy Pro	ogram		
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	Prepared by:	Verified by:	A	pprove	ed by:		
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SEMESTER LEARNING PLAN

1. Course Identity

Name of Study Program : Culinary Education Study Program

Name of Course : Appetizer and Soup

Code of Course : BG 207

Group of Course : Study Program Expertise Course (MKKIPS)

SKS weight : 3
Level : S1
Semester : Even

Prerequisite : -

Status (mandatory/optional) : Mandatory

Lecturer name and code : Dra. Atat Siti Nurani, M.Si. / 0979

Dr. Ai Mahmudahtusaadah.MSi

2. Description of Course

This course is the core course of the Study Program that learns about: Continental menu concept, cut vegetables, poultry, meat, fish for continental dishes, stock (broth) processing, herbs and spices, appetizers, canapes and sandwiches, soup, egg processing and breakfast in continental food. The learning process uses an expository and inquiry approach in the form of lectures, discussions, and practicums related to the problems discussed in accordance with developments in the field. The student mastery stage is evaluated through attendance, assignments, practicums, Practicum Exams, Mid-Semester Exams (MSE), and Final Exams.

3. Study Program Learning Outcomes (PLO)

The learning achievements of the Appetizer and Soup Course are:

- S Demonstrate scientific, educative, and religious attitudes and behaviors, which contribute to improving the quality of life in society, as a nation, and state based on academic norms and ethics."
- P1 Proficient in the theoretical concepts of educational science, strategy, lesson planning, media, methodology and evaluation of learning and psychology of Education
- P3 Proficient in theoretical concepts of Culinary education
- KU Can apply logical, critical, systematic, and innovative thinking in the context of science and technology that pays attention to and applies humanities values in accordance with their field of expertise
- KK1 Can plan, implement, assess learning outcomes and evaluate the implementation of technology and vocational education in the field of Culinary on a professional manner in formal education
- KK2 Can apply Information and Communication Technology and Literacy in Planning, Implementation, and Evaluation of Governance Learning Outcomes of Culinary.
- KK3 Can apply various food processing in accordance with food processing principles

2. Course Learning Outcomes (CLO)

The CLO number must follow the referenced SPLO number

- M1 Students understand the concept of menus, cuts of ingredients, ingredients and seasonings, stock in continental food
- M2 Students analyze continental food appetizer and soup
- M3 Student analyze breakfast in continental food
- M4 Students make appetizer dishes in continental food
- M5 Student shows soup in continental food
- M6. Students demonstrate sandwiches and egg dishes for breakfast

3. Description of Learning Plan

Minimum number of meeting is 16 (including MSE and UAS)

Meeting	Sub-CLO and Course Learning Outcome Indicators	Study Modules	Learning Format	Tim e	Assignment and Evaluation	References
1	Sub-CLO: Explain the concept of continental menu Indicators: 1. Students can explain menu definition (C2) 2. Students can describe continental menu structure (C3) 3. Students can describe the requirements for compiling a menu in continental food (C3)	Continental menu concept Definition Continental menu structure Conditions for compiling a continental menu	Synchronous: Meeting via zoom meeting Asynchronous: Self study via spot.upi.edu Discussion forums (group discussion) Listening to lectures from lecturers, asking questions, doing assignments, and discussing	150'	Assignment: compose a modern menu of continental food Oral test	 The Culinary Institute of America. (2011). The Professional Chef. New Jersey: John Wiley & Sons. Inc Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, Seonardi, Tuti. (2013). Teori Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama
2	Sub-CLO: Analyze ingredients, continental food seasoning Indicators: 1. Students can	 Continental foodstuffs Seasonings and spices in continental food 	Synchronous: Meeting via zoom meeting Asynchronous:	150'	1. The assignment of identifying ingredients and seasonings for	• The Culinary Institute of America. (2011). The Professional

	describe continental foodstuffs (C3) 2. Students can describe the spices in continental food (C3)		Self study via spot.upi.edu Discussion forums (group discussion) Approach: Expository Method: Lecture Discussion Question and answer		continental food 2. Quiz test	Chef. New Jersey: John Wiley & Sons. Inc Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, Seonardi, Tuti. (2013). Teori Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama
3	Sub-CLO: Analyze cuts of ingredients in continental food Indicators: 1. Students can identify vegetable cuts in continental food (C2) 2. Students can analyze poultry (chicken) cuts in continental food (C4) 3. Students can analyze cuts of meat (C4)	Cuts of ingredients in continental food: 1. Vegetable cuts 2. Chicken cuts 3. Meat cuts 4. Fish cuts	Synchronous: Meeting via zoom meeting Asynchronous: Self study via spot.upi.edu Discussion forums (group discussion) Approach: Expository	150'	 The assignment of finding how many vegetable cuts other than what is conveyed Test with quiz 	 The Culinary Institute of America. (2011). The Professional Chef. New Jersey: John Wiley & Sons. Inc Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken,

4. Students can analyze	Method:	NJ: John Wiley
cuts of fish in	Lecture	& Sons, Inc,
continental food (C4)	Discussion	• Seonardi, Tuti.
	Question and	(2013). <i>Teori</i>
	answer	Dasar Kuliner.
		Jakarta: PT
		Gramedia
		Pustaka Utama

ſ	4	Sub-CLO:	Stock and egg processing	Synchronous:	150'	1.	The	- The Culinary
		Analyze stock and egg	A. Stock processing in continental	•			assignment of	•
		processing	food	meeting			identifying	America.
		Indicators:	1. Ingredients in producing				stock and egg	(2011). The
		1. Students can explain	stock	Asynchronous:			processing	Professional
		ingredients and	2. Equipment used in producing	Self study via		2.	Oral test	Chef. New
		seasonings in making	stock	spot.upi.edu				Jersey: John
		stock	3. Continental stock	Discussion				Wiley & Sons.
		2. Students can describe	classification	forums (group discussion)				Inc
		equipment in stock	4. Problems in producing stock	discussion)				- Gisslen, Wyne.
		processing	B. Egg processing in continental	Approach:				2011
		3. Students can classify	food	Expository				Professional
		continental stock	1. Selection of eggs for	Lapository				Cooking 7th
		4. Students can analyze	continental dishes	Method:				edition. River
		stock processing in	2. Equipment used for	Lecture				Street, Hoboken
		continental food (C3)	continental food processing 3. Dishes from eggs in	Discussion				, NJ: John
		5. Students can analyze		Question and				Wiley & Sons, Inc,
		egg processing in continental food (C4)	4. Problems in the processing of	answer				- Seonardi, Tuti.
		continental food (C4)	continental eggs					(2013). <i>Teori</i>
			commental eggs					Dasar Kuliner.
								Jakarta: PT
								Gramedia
								Pustaka Utama

5	Sub-CLO: Students can practice vegetable cuts for continental food Indicators: 1. Students can make various types of vegetables and cuts in continental food (P2) 2. Students can display vegetable cuts for continental food (P3) 3. Students can show vegetable cuts for continental food (P3)	2. S 3. S	Show continer Serve	egetable cuts vegetable atal meals vegetable atal food	cuts	for	Synchronous: Meeting via zoom meeting Asynchronous: Self study via spot.upi.edu Discussion forums (group discussion) Practice of making Continental dishes	180	1. Make a planning 2. Show work from practice process		The Culinary Institute of America. (2011). The Professional Chef. New Jersey: John Wiley & Sons. Inc Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, Seonardi, Tuti. (2013). Teori Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama
6	Sub-CLO: Students can practice stock making and egg processing for continental food Indicators: 1. Students can make various stocks and processing dressings in continental food (P2)			ke stock and ow w stock and o	U		Synchronous: Meeting via zoom meeting Asynchronous: Self study via spot.upi.edu Discussion forums (group discussion)	150'	 Making a planning Performance of the practical process 	•	The Culinary Institute of America. (2011). The Professional Chef. New Jersey: John Wiley & Sons. Inc

	 Students can display stock and dressing processing for continental food (P3) Students can demonstrate stock and dressing processing for continental food (P3) 		Practice of making stock and dressing			 Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, Seonardi, Tuti. (2013). Teori Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama
7	Sub-CLO: Students can understand appetizer dishes Indicators: 1. Students can explain the definition of appetizer (C2) 2. Students can express the classification of appetizers (C3) 3. Students can describe the appetizer serving 4. Students can analyze appetizer dishes (C4)	Appetizer 1. Definition of appetizer 2. Appetizer classification 3. Appetizer serving 4. Appetizer dishes	Synchronous: Meeting via zoom meeting Asynchronous: Self study via spot.upi.edu Discussion forums (group discussion) Approach: expository Method: Demonstration Lecture Assignment	150'	 Identify dishes for cold appetizers Written test 	 The Culinary Institute of America. (2011). The Professional Chef. New Jersey: John Wiley & Sons. Inc Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, Seonardi, Tuti. (2013). Teori

8			RM EXAM			Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama
9	Sub-CLO Students can practice making appetizers for continental food Indicators: 1. Students can make various kinds of salads in continental food (P2) 2. Students can display salad processing for continental food (P3) 3. Students can show salad dishes	Practice of making appetizer 1. Salad dishes, aspic, balloontine, galantine, and pate 2. Hot appetizers (risoles, croquet)	Synchronous: Meeting via zoom meeting Asynchronous: Self study via spot.upi.edu Discussion forums (group discussion) Approach: Experiment Method: Practice	150'	1. Make a planning 2. Show work from practice process	 The Culinary Institute of America. (2011). The Professional Chef. New Jersey: John Wiley & Sons. Inc Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, Seonardi, Tuti. (2013). Teori Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama

10	Sub-CLO:	Canapes and sandwiches	Synchronous:	150'	1. assignment	1. The Culinary
10	Students can understand canape	1. Definition of canapes and	Meeting via zoom	150	: identify	Institute of
	and sandwiche dishes	sandwiches	meeting		canapés	America.
	Indicators:	2. Ingredients and fillings or	J		and	(2011). <i>The</i>
	1. Students can explain	toppings for canapes and	Asynchronous:		sandwiche	Professional
	the definition of	1	Self study via			V
	canapes and	sandwiches	spot.upi.edu		S	Chef. New
	sandwiches (C2)	3. Types of sandwiches	Discussion		2. test: Oral	Jersey: John
	` /	4. Canapes and sandwich	forums (group			Wiley & Sons.
	2. Students can express	function	discussion)			Inc
	the ingredients and		discussion)			2. Gisslen, Wyne.
	toppings of canapes		A 1			2011
	and sandwiches (C3)		Approach:			Professional
	3. Students can analyze		_			Cooking 7th
	the types of		expository			edition. River
	sandwiches (C4)					Street, Hoboken,
	4. Students can tell about					NJ: John Wiley
	the function of		Method:			& Sons, Inc,
	canapes and		Demonstration			3. Seonardi, Tuti.
	sandwiches		Discussion of			(2013). <i>Teori</i>
			Assignment			Dasar Kuliner.
			Question and			Jakarta: PT
			answer			Gramedia
						Pustaka Utama
11	Sub-CLO	The practice of making canapes and	Synchronous:	150'	1. Make a	The Culinary
	Students can practice of	sandwiches	Meeting via zoom		planning	Institute of
	making canapes and	1. Various kinds of canapés	meeting		2. Show	America.
	sandwiches for continental	2. Various kinds of sandwiches			work from	(2011). The
	food	2. Autous minus of sund whenes	Asynchronous:		practice process	Professional
	Indicators:		Self study via		practice process	Chef. New
	marcators.		spot.upi.edu			Jersey: John
	1. Students can make		Discussion			-
	various kinds of canapes		forums (group			Wiley & Sons.
	various kinds of canapes		discussion)			Inc.
			discussion)			

	and sandwiches in continental food (P2) 2. Students can display the processing of canapes and sandwiches for continental food (P3) 3. Students can show canapes and sandwiches (P3)			Approach: Experiment Practice				•	Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, Seonardi, Tuti. (2013). Teori Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama
12	Sub-CLO: Students can understand continental soup dishes Indicators: 1. Students can explain the definition of soup (C2) 2. Students can express about the ingredients for soup (C3) 3. Students can analyze the types of soup (C4) 4. Students can describe the function of soup 5. Students can find continental food soup (C4)	Soup 1. 2. 3. 4. 5.	Ingredients for soup Kinds of soup Soup function	Synchronous: Meeting via zoom meeting Asynchronous: Self study via spot.upi.edu Discussion forums (group discussion) Approach: Expository Method: Demonstration	150'	soup 2. Perfo	ify the of nental dishes ormance during the ing		The Culinary Institute of America. (2011). The Professional Chef. New Jersey: John Wiley & Sons. Inc Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, Seonardi, Tuti. (2013). Teori

			Discussion of Assignment Question and answer			Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama
13	Sub-CLO Students can practice of making soup for continental food Indicators: 1. Students can make various kinds of soup in continental food (P2) 2. Students can apply continental food soup processing (P3) 3. Students can show soup dishes (P3)	1. Make continental soup 2. Show continental soup 3. Show continental soup	Synchronous: Meeting via zoom meeting Asynchronous: Self study via spot.upi.edu Discussion forums (group discussion) Approach: Experiment Method: Demonstration Discussion of Assignment Question and answer	150'	1. Make a planning 2. Show work from practice process	1. The Culinary Institute of America. (2011). The Professional Chef. New Jersey: John Wiley & Sons. Inc 2. Gisslen, Wyne. 2011 Professional Cooking 7th edition. River Street, Hoboken, NJ: John Wiley & Sons, Inc, 3. Seonardi, Tuti. (2013). Teori Dasar Kuliner. Jakarta: PT Gramedia Pustaka Utama
14	Sub-CLO: Students can understand continental food breakfast dishes Indicators:	Continental breakfast 1. Definition of breakfast 2. Breakfast structure or pattern 3. Types of breakfast	Synchronous: Meeting via zoom meeting Asynchronous:	150'	assignment: compiling the breakfast menu	• The Culinary Institute of America. (2011). The Professional

1. Students can explain	Self study via	for American Chef	: New
the definition of	spot.upi.edu	breakfast Jerse	y: John
continental breakfast	Discussion	2. quiz test Wile	y & Sons.
(C2)	forums (group	Inc	
2. Students can express	discussion)	• Gissl	en, Wyne.
about the continental		2011	
breakfast structure	Approach:	Profe	essional
(C3)			king 7th
3. Students can analyze	Experiment	editio	on. River
the types of breakfast		Stree	*
(C4)			oken, NJ:
	Method:		Wiley &
	Discussion of		, Inc,
	Assignment		ardi, Tuti.
	Question and	(2013	*
	answer		r Kuliner.
		Jakar	ta: PT
		Gram	nedia
		Pusta	ka Utama

1. References

The Culinary Institute of America. (2011). *The Professional Chef.* New Jersey: John Wiley & Sons. Inc Gisslen, Wayne. (2015). *Essentials of Professional Cooking*. New Jersey: John Wiley & Sons. Inc Seonardi, Tuti. (2013). *Teori Dasar Kuliner*. Jakarta: PT Gramedia Pustaka Utama Peterson, James. (2017). *Sauces: Classical and Contemporary Sauce Making*. New York: HMH Books Nurhidayati, Laili. (2021). *Teknik Pengolahan Hidangan Kontinental*. Jember: Cerdas Ulet Kreatif Cahyana, Cucu and Guspri. (2013). *Cold Appetizer (Hidangan Pembuka Dingin)*. Jakarta: PT Gramedia Pustaka Utama

- 2. Teaching Modules (Appendix 1)
- 3. Evaluation Instrument (Appendix 2)