SEMESTER LESSON PLAN (RPS) INDONESIAN CAKES AND BEVERAGES BG 204



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CULINARY EDUCATION STUDY PROGRAM DEPARTMENT OF FAMILY WELFARE EDUCATION FACULTY OF TECHNOLOGY AND VOCATIONAL EDUCATION UNIVERSITAS PENDIDIKAN INDONESIA 2021

| | SEMESTER LEARNING PLAN | Docume nt No. | : | FPTK-UPI-SIL-E0751.14 |
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| (INDONESIAN C | AKES AND BEVERAGES) | Revision:2ndDate:27 October 2021Page:Page 1 of 29 |
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| τ | KBK for Culinary Education | Chairwoman of Culinary Education Study Program |
| Name of Study Program | SEMESTER LESS : Culinary Education | |
| I. Course Identity | SEMESTER LESS | ON PLAN (RPS) |

This course is the Study Program Expertise Course (MKKIPS) to learn about: the concept of Indonesian cakes and drinks, cakes made from glutinous rice and glutinous rice flour, cakes made from rice and rice flour, cakes made from tubers, cakes made from wheat flour, cakes from

sago starch, tapioca, *hunkue* (green bean extract) and jelly, cakes made from nuts, Indonesian cake wrappers, Indonesian drinks, porridge, and Indonesian compote. The learning process uses a scientific and inquiry approach in the form of problem-based learning and project-based learning models, with lecture, discussion, question and answer and practicum methods related to the problems discussed in accordance with the progress in the field. The student mastery stage is evaluated through attendance, assignments, practicums, Practicum Exams, Mid-Semester Exams (MSE), and Final Exam.

3. Study Program Learning Outcomes (PLO)

S Demonstrate scientific, educative, and religious attitudes and behaviors contributing to improving the quality of life in society, nation, and state, based on academic norms and ethics;

P3 Proficient in theoretical concepts of Culinary education

KU Can apply logical, critical, systematic, and innovative thinking in the context of science and technology development or implementation that pays attention to and applies humanities values corresponding to their area of expertise;

4. KK4 Can create innovation and creativity of culinary products

- 2. Course Learning Outcomes (CLO)
- M1 Students understand the concept of Indonesian cakes
- M2 Students analyze Indonesian cakes made from rice, glutinous rice, glutinous rice flour, rice flour
- M3 Students analyze the archipelago cake made from tubers, nuts
- M4 Students analyze Indonesian cakes made from wheat flour, starch flour, jelly
- M5 Students understand Indonesian cake packages
- M6 Students understand Indonesian drinks, porridge, compote
- M7 Students make Indonesian cakes made from glutinous rice, glutinous rice flour, and drinks
- M8 Students prepare Indonesian cakes made from rice, rice flour and drinks
- M9. Students prepare Indonesian archipelago cakes made from wheat flour, tubers, nuts and starch
- M10 students make Indonesian drinks, compote, Indonesian porridge

5. Description of Learning Plan

| Meet | Indicators of Course Learning | Study Modulos | Learning | Duratio | Aggigg mont and Evaluation | Defenences |
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| ing | Outcomes | Study Modules | Format | n | Assignment and Evaluation | References |

| | | | | (Minute s) | | |
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| 1 | Indicators Students can explain the meaning of Indonesian cakes and drinks. Students can describe the scope of Indonesian cakes and drinks. Students can find out the ingredients, tools for making Indonesian cakes and drinks. Students can describe the function of Indonesian cakes and drinks. | Definition of Indonesian cakes and drinks The goal of learning Indonesian cakes and drinks Classification of Indonesian cakes and drinks Indonesian cake and drink function Indonesian cake and drink additives and ingredients | Online via SPOT or zoom meeting or Google Classroo m with problem- based learning model, question and answer method | 150' | The exercise assignment is to classify the types of Indonesian cakes and drinks. | Nurani, A.S., Subekti, S., Mahmu datussaa dah, A. Muktiar ni. 2017. West Java Archipel ago Cake. UPI PRESS. Lilly T Erwin. (2004) <i>New</i> Indonesi an Cake Creation s from Tubers. Jakarta : |

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| | • Indicators: | | Online | 150' | | | a Pustaka Utama Nurani, |
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| 2 | Describe Indonesian cakes from sticky rice and glutinous rice flour Determine the tools used to make | Indonesian cake made from glutinous rice and glutinous rice flour 1. Indonesian cake made from glutinous rice and glutinous rice flour a. Glutinous rice: (<i>lemper</i>, gogos, sarikaya, wajit, seasoned sticky rice) b. Glutinous flour (<i>Kelepon</i>, Bugis, Putri Mandi, Thimpan, Lappet Medan) 2. Tools used for making cakes from glutinous rice and | via SPOT or Google Classroo m with problem- based learning model, question and answer method | 150 | The assignment of analyzing and evaluating a video of preparing Indonesian cakes made from glutinous rice flour and glutinous rice | | A.S., Subekti, S., Mahmu datussaa dah, A. Muktiar ni. 2017. West Java Archipel ago Cake. |
| | Determine the procedure for making Indonesian cakes from sticky rice and glutinous rice flour Determine the criteria for Indonesian cakes from glutinous rice and glutinous rice | glutinous rice flour 3. Count the ingredients for the archipelago cake from glutinous rice and glutinous flour 4. Determine the procedure for making Indonesian cakes from glutinous rice and glutinous | | | | • | UPI PRESS Lilly T Erwin. (2004) New Indonesi an Cake |
| | flour 6. Analyze problems in making Indonesian cakes from sticky rice | 5. Problems arising in the manufacture of Indonesian | | | | | Creation s from Tubers. |

| and glutinous rice | cakes made from glutinous | | Jakarta : |
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| flour | rice and glutinous rice flour | | PT |
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| 3 | Indicators: Describe Indonesian cakes from rice and rice flour Determine the tools used to make Indonesian cakes from rice and rice flour Counting the the ingredients used for making Indonesian cakes from rice and rice flour Determine the procedure for making Indonesian cakes from rice and rice flour Determine the criteria for Indonesian cakes from rice and rice flour Analyzing problems in making Indonesian cakes from rice and rice flour | Indonesian cakes made from rice and rice flour 1. Indonesian cakes made from glutinous rice and rice flour a. Rice (<i>lontong</i>) b. Rice flour (<i>nagasari, surabi,</i> <i>cuhcur, aliagrem</i>) 2. Tools used for making cakes from rice and rice flour 3. Count the ingredients for the archipelago cakes from rice and rice flour 4. Determine the procedure for making Indonesian cakes from rice and rice flour 5. Problems arising in preparing Indonesian cakes made from rice and rice flour | Online via SPOT or zoom meeting or Google Classroo m with problem- based learning model, question and answer method | 150' | Practice assignment Analysis of cakes from ingredients, techniques [processing, tools used, criteria for dish results, problems arising when making Indonesian cakes | Lilly T Erwin. (2004) New Indonesi an Cake Creation s from Tubers. Jakarta : PT Gramedi a PUstaka Utama. Instant Deliciou s. (2003). Traditio nal |

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| 4. | Indicators: 1. Describe Indonesian cakes from tubers 2. Determine the tools used to make Indonesian cakes from tubers | Indonesian cakes made from tubers 1. Indonesian cakes made from tubers a. Senteling, princess noong, combro, and misro, | Online via SPOT or Google Classroo m with <i>Problem</i> - | 150' | The exercise assignment is to classify the main ingredients used in the manufacture of Indonesian cakes and drinks | Nurani, A.S., Subekti, S., Mahmu datussaa |

| 3. Counting the ingredients | 2. Tools used for making cakes | Based | dah, A. |
|-------------------------------------|--|---------------|-----------|
| used for making | from tubers | Learning | Muktiar |
| Indonesian cakes from | 3. Counting the ingredients for the | model, | ni. 2017. |
| tubers | archipelago cakes from tubers | question | West |
| 4. Determine the procedure | Determine the procedure for making Indonesian cakes from | and answer | Java |
| cakes from tubers | making Indonesian cakes from | method | Archipel |
| 5. Determine the criteria for | tubers | method | ago |
| Indonesian cakes from | 5. Problems arising in making | | Cake. |
| tubers | Indonesian cakes made from | | UPI |
| 6. Analyze problems in | tubers | | PRESS |
| making Indonesian cakes from tubers | | | |
| fioli tubers | | | • Lilly T |
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| 5 | Indicators: Describe Indonesian cakes from wheat flour Determine the tools used to make Indonesian cakes from wheat flour Counting the ingredients used for making Indonesian cakes from wheat flour Determine the procedure for making Indonesian cakes from wheat flour Determine the criteria for Indonesian cakes from wheat flour Analyze problems in making Indonesian cakes from wheat flour | Indonesian cakes made from wheat flour 1. Indonesian caked made from wheat flour (rolled omelet, <i>malang</i> cake, and caramel sponge) 2. Tools used to make cakes from wheat flour 3. Counting the ingredients for the archipelago cakes from wheat flour 4. Determine the procedure for making Indonesian cakes from wheat flour 5. Problems arising in making Indonesian cakes made from wheat flour | Online via SPOT or zoom meeting or Google Classroo m with model d <i>problem- based</i> <i>learning</i> , question and answer method | 150' | Identify and explore Indonesian cakes from the surrounding wheat flour | | Nurani, A.S., Subekti, S., Mahmu datussaa dah, A. Muktiar ni. 2017. West Java Archipel ago Cake. UPI PRESS Lilly T Erwin. |
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| | for making Indonesian cakes from wheat flour 5. Determine the criteria for Indonesian cakes from wheat flour 6. Analyze problems in making Indonesian cakes | the archipelago cakes from wheat flour 4. Determine the procedure for making Indonesian cakes from wheat flour 5. Problems arising in making Indonesian cakes made | <i>learning,</i> question and answer | | | • | Java Archipel ago Cake. UPI PRESS |
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| 6 | Indicators: Describe Indonesian cakes from sago, <i>hunkue</i>, tapioca, and jelly ingredients Determine the tools used to make Indonesian cakes from sago, <i>hunkue</i>, tapioca, and jelly Counting the ingredients used for making Indonesian cakes from sago, <i>hunkue</i>, tapioca, and jelly Determine the procedure for making Indonesian cakes from sago, <i>hunkue</i>, tapioca, and jelly Determine the criteria for Indonesian cakes from sago, hunkue, tapioca, and jelly Determine the criteria for Indonesian cakes from sago, hunkue, tapioca, and jelly Analyzing problems in | Indonesian cake made from sago flour, <i>hunkue</i>, tapioca, and jelly 1. Indonesian cake made from sago flour, <i>hunkue</i>, jelly and starch 2. Tools used for making cakes from sago flour, <i>hunkue</i>, jelly, and starch 3. Counting the ingredients for the archipelago cake from sago flour, <i>hunkue</i>, jelly and starch 4. Determine the procedure for making Indonesian cakes from the ingredients of sago flour, <i>hunkue</i>, jelly and starch 5. Problems arising in the manufacture of Indonesian | Online via SPOT or Google Classroo m with problem- based learning model, question and answer method | 150' | Identify and explore Indonesian cakes from sago, <i>hunkue</i> , tapioca, so that they are around students | Pustaka Utama Nurani, A.S., Subekti, S., Mahmu datussaa dah, A. Muktiar ni. 2017. West Java Archipel ago Cake. UPI PRESS Lilly T Erwin. (2004) <i>New</i> |
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| | sago, hunkue, tapioca, and | 5. Problems arising in the | | | | (2004) |

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| 7 | Indicators: Describe Indonesian cakes from nuts Determine the tools used to make Indonesian cakes from nuts Counting the ingredients used for making Indonesian cakes from nuts Determine the procedure for making Indonesian cakes from nuts Determining the criteria for Indonesian cakes made from nuts Analyze problems in making Indonesian cakes from nuts | Indonesian cakes made from nuts Indonesian cakes made from nuts Tools used for making cookies from nuts Counting the ingredients for the archipelago cakes from nuts Determine the procedure for making Indonesian cakes from nuts Problems arising in preparing Indonesian cakes made from nuts | Online via SPOT or zoom meeting or Google Classroo m with <i>problem- based</i> <i>learning</i> model, question and answer method | 150' | Identify and explore Indonesian cakes from nuts around students | a Pustaka Utama • Lilly T Erwin. (2004) <i>New</i> <i>Indonesi</i> <i>an Cake</i> <i>Creation</i> <i>s from</i> <i>Tubers.</i> Jakarta : PT Gramedi a PUstaka Utama. • Instant Deliciou |
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| | making Indonesian cakes | cakes made from nuts | | | | Utama. • Instant |

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| 8 | Uts | Online via | 150' | |
| | | SPOT | | |

| 9 | • Indicators: | Indonesian cake packaging and | Online | 150' | Identify and explore packaging | • Nurani, |
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| | 1. Analyze the types of | techniques | via | | and wrapping techniques around | A.S., |
| | Indonesian cake packages | | SPOT or | | it | Subekti, |
| | 2. Analyze Indonesian cake | a. Wrapping material | Google | | | S., |
| | packaging materials | 1. Wrapping Material | Classroo | | | Mahmu |
| | 3. Analyze the technique of | Banana leaves Corn leaves | m with | | | datussaa |
| | wrapping Indonesian | Corn leaves Coconut leaves | problem- based | | | dah, A. |
| | cakes | 5. Bamboo leaves | learning | | | Muktiar |
| | | 6. Anghasa leaves | model, | | | ni. 2017. |
| | | 7. <i>Barangbang</i> leaves | question | | | West |
| | | 8. Kararas leaves | and | | | Java |
| | | 9. Banana midribs | answer | | | |
| | | 10. Guava leaves | method | | | Archipel |
| | | 11. <i>Hanjuang</i> leaves | | | | ago |
| | | 12. Bangban | | | | Cake. |
| | | b. wrapping types1. Wrapping <i>Lemper</i> | | | | UPI |
| | | 2. Wrapping <i>bugis</i> | | | | PRESS |
| | | 3. Wrapping <i>naga sari</i> | | | | |
| | | 4. Wrapping <i>katimus</i> cake | | | | • Lilly T |
| | | c. Indonesian cake container | | | | Erwin. |
| | | 1. sudi | | | | (2004) |
| | | 2. takir | | | | New |
| | | 3. pincuk | | | | Indonesi |
| | | | | | | an Cake |
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| 10 | • Indicators: | Indonesian Drinks | Online | 150' | Identify and explore Indonesian | | |
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| | 1. Describe Indonesian | 1. Definition | via SPOT | | drinks in the vicinity | • | Lilly T |
| | drinks | 2. Classification | or zoom | | - | | Erwin. |
| | 2. Determine the tools used | 3. Ingredients for drinks | meeting | | | | (2004) |
| | to make Indonesian drinks | 4. Tools used for making drinks | or | | | | |
| | 3. Counting the ingredients | 5. Drinks making procedure | Google | | | | New |
| | used to make Indonesian | 6. Problems in making drinks | Classroo | | | | Indonesi |
| | drinks | | m with | | | | an Cake |
| | 4. Determine the procedure | | problem- | | | | Creation |
| | for making Indonesian | | based | | | | s from |
| | drinks | | <i>learning</i> | | | | Tubers. |
| | 5. Determine the criteria for | | model, question | | | | Jakarta : |
| | Indonesian drinks6. Analyze problems in | | and | | | | PT |
| | 6. Analyze problems in Indonesian drinks | | answer | | | | Gramedi |
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| 11 | • Indi | icators: | In | donesian porridge and compote | Online | 150' | Identify and explore Indonesian | • | Nurani, |
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| | 7. | Describe Indonesian | 1. | | via SPOT | | porridge and compote around | | A.S., |
| | | porridge and compote | | compote and porridge | or | | student residences | | Subekti, |
| | 8. | Determine the tools | 2. | 0 | Google | | | | S., |
| | | used to make | 2 | compote and porridge | Classroo m with | | | | Mahmu |
| | | Indonesian porridge | 3. | Tools used to make porridge and compote | m with <i>problem-</i> | | | | datussaa |
| | 9. | and compote Counting the | 4. | | based | | | | dah, A. |
| | 9. | ingredients used for | | dishes | learning | | | | Muktiar |
| | | making Indonesian | 5. | | model, | | | | ni. 2017. |
| | | porridge and compote | | Indonesian compote and | question | | | | West |
| | 10. | Determine the | | porridge | and | | | | Java |
| | | procedure for making | | | answer | | | | Archipel |
| | | Indonesian porridge | | | method | | | | 1 |
| | | and compote | | | | | | | ago Cake. |
| | 11. | Determine the criteria | | | | | | | UPI |
| | | for the results of Indonesian porridge | | | | | | | |
| | | and compote | | | | | | | PRESS |
| | | Analyze problems in | | | | | | • | Lilly T |
| | | the making of | | | | | | | Erwin. |
| | | Indonesian porridge | | | | | | | (2004) |
| | | and compote | | | | | | | New |
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| 12 | Indicators: Skilled in making wajik, srikaya, lemper, lalampa, and gogoso Skilled in making kelepon, putri mandi, mendut, and bugis Skilled in making non- filled hot drinks: saraba, bandrek, bajigur, wedang jahe, and bir peletok. | Practice cakes from glutinous rice and glutinous rice flour and hot drinks 1. Glutinous cakes (<i>wajik</i>, <i>srikaya</i>, <i>lemper</i>, <i>lalampa</i>, <i>gogoso</i>) 2. Glutinous rice flour (<i>Kelepon</i>, <i>Putri Mandi</i>, <i>Mendut</i>, <i>Bugis</i>) 3. Non-filled hot drinks (<i>saraba</i>, <i>bandrek</i>, <i>bajigur</i>, <i>wedang jahe</i>, <i>bir peletok</i>) | Online via SPOT or zoom meeting or Google Classroo m with problem- based learning model, question and answer method | 150' | Identify and explore Indonesian cakes from glutinous rice, glutinous rice flour, and hot drinks | Nurani, A.S., Subekti, S., Mahmu datussaa dah, A. Muktiar ni. 2017. West Java Archipel ago Cake. |

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| | | | | | | Jakarta : PT Gramedi |
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| | | | | | | Utama |
| 13 | Indicators: 1. Skilled at making <i>lontong</i> 2. Skilled in making <i>nagasari</i> 3. Skilled in making cold drinks: <i>cendol, cindu, goyobod, es doger, es campur</i> | Practice cakes from rice and rice flour and cold drinks 1. <i>Lontong</i> (rice cake) 2. Nagasari (rice flour cake). 3. Cold drinks (<i>cendol, cindu, goyobod, es doger, es campur</i>) | Online via SPOT or Google Classroo m with problem- based learning model, question | 150' | Identify and explore Indonesian cakes from rice, rice flour, and cold drinks | Nurani, A.S., Subekti, S., Mahmu datussaa dah, A. Muktiar ni. 2017. West |

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| 14 | • | Indicators: | Practice from tubers, wheat flour, | Online via | 150' | Identify and explore Indonesian | • Nurani, |
|----|----|----------------------------------|---|------------|------|----------------------------------|--------------------------|
| | 1. | Skilled in making cakes | tapioca, sago starch, and hunkue | SPOT or | | cakes from tubers, wheat flour, | A.S., |
| | | from tubers (<i>senteling</i> , | 1. Cakes from tuber ingredients | zoom | | tapioca, sago starch, and hunkue | Subekti, |
| | | combro, misro) | (senteling, combro, misro) | meeting | | | S., |
| | 2. | Skilled in making cakes | 2. Wheat flour (roll omelet, | or Google | | | Mahmud |
| | | from wheat flour (rolled | caramel sponge, and coconut | Classroo | | | atussaada |
| | | omelet, caramel sponge, | milk sponge) | m with | | | h, A. |
| | | coconut milk cake) | 3. Cake made from tapioca | model d | | | Muktiarn |
| | 3. | Skilled in making cakes | (cenil) | problem- | | | i. 2017. |
| | | from tapioca (cenil) | 4. Cake from <i>hunkue</i> flour (<i>kue</i> | based | | | West |
| | 4. | Skilled in making cakes | satu) | learning, | | | Java |
| | | from hunkue flour (kue satu) | | question | | | Archipel |
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| | | | | | | | Erwin. |
| | | | | | | | (2004) |
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| | | | | | | | • Instant |
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| | | | | | | | Tradition |
| | | | | | | | al Cakes. |

| | | | | | | Jakarta: PT Media Boga Utama, 1. Hayatinu fus A.L. Tobing (2004) <i>Indonesi</i> <i>an</i> <i>Cuisine</i> <i>For</i> <i>Dinner</i> . Jakarta : PT Gramedi a Pustaka Utama |
|----|---|---|--|------|--|--|
| 15 | (sweet potato compote, banana compote, salak seeds, candil) 2. Skilled in making Indonesian porridge dishes (kanji rumba porridge, | Practice porridge and compote, drinks 1. Indonesian compote dishes (sweet potato compote, banana compote, salak seeds, candil) 2. Indonesian porridge dishes (kanji rumba porridge, marrow porridge, lemu porridge, es palu butung) 3. Cold-filled drinks (cendol, goyobod, laksanaman mengamuk) | Online via SPOT or Google Classroo m with problem- based learning model, question and answer method | 150' | Identify and explore porridge and compote | Nurani, A.S., Subekti, S., Mahmu datussaa dah, A. Muktiar ni. 2017. West Java Archipel ago |

| Indonesian cakes | s from | | Cake. |
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| 16 | Semester Final Exam | | 150 | |
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