SEMESTER LEARNING PLAN	Doc. No.: FPTK-UPI-SIL-E0751.49
	Revision: 03
OCCUPATIONAL SAFETY AND FOOD	Date: 27 October 2021
SAFETY	Page:

SEMESTER LEARNING PLAN (RPS) OCCUPATIONAL SAFETY AND FOOD SAFETY



Lecturer:

Dr. Ai Mahmudatussa'adah, M. Si Dra. Atat Siti Nurani., M.Si Dr. Hj Rita Patriasih, M.Si

CULINARY ARTS EDUCATION STUDY PROGRAM
FACULTY OF TECHNOLOGY AND VOCATIONAL EDUCATION
INDONESIAN UNIVERSITY OF EDUCATION
2021



SEMESTER LEARNING PLAN	Doc. No.: FPTK-UPI-SIL-E0751.49
	Revision: 03
OCCUPATIONAL SAFETY AND FOOD	Date: 27 October 2021
SAFETY	Page:

	SEMESTER LEARNING PLAN	Doc. No.: FPTK-UPI-RPS-E0751.55
		Revision: 03
		Date: 27 October 2021
	Occupational Safety and Food Safety	Page:
Prepared By:	Verified By:	Approved By:
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Lecturer	TPK Prodi for Culinary Arts Education	Chairwoman of Study Program

1. Course Identity

Name of Study Program : Culinary Arts Education

Name of Course : Occupational Safety and Food Security

Code of Course : BG 109

Group of Course : MKKPS of Culinary Arts SKS weight : 3 SKS (Semester Credit Unit)

Level : S-1 Semester : 2



Doc. No.: FPTK-UPI-SIL-E0751.49 Revision: 03

Date: 27 October 2021

Page:

OCCUPATIONAL SAFETY AND FOOD **SAFETY**

Prerequisite

Status (mandatory/optional) : Mandatory

: Dr. Ai Mahmudatussa'adah, M. Si / 2412 Lecturer name and code

> Dra. Atat Siti Nurani., M.Si Dr. Hj. Rita Patriasih., M.Si

2. Course Description

This course is an Expertise Course (MKK) for the Study Program. After attending the Occupational Safety and Food Safety lecture, students are expected to be able to understand: occupational safety regulations, food safety (good food processing methods, Hazard Analysis Critical Control Points, sanitary hygiene in culinary arts arts, Halal Food), analyze occupational safety (safe workplaces), prevent injuries, prevent burns, prevent and deal with fires, prevent injuries from machinery and equipment, prevent falls, prevent strain injuries from lifting, personal protective equipment from work), occupational health (workspace requirements and occupational diseases), sanitation concepts, hazards in food, basics of life of various types of microorganisms that are closely related to food, analyze pathogenic microorganisms, apply ways to break the chain of growth of pathogenic microorganisms, the concept of hygiene, personal hygiene, food storage, food handling and preparation, analyze cleaning equipment and sanitizers, rodent control and insects, analyze procedures for cleaning equipment and work area space, observe work area sanitation, personal hygiene and its effect on occupational safety, design activities for implementing sanitary hygiene and occupational safety in the workplace, evaluate types of cleaning materials and sanitary materials, alternative sanitary materials from natural materials, and plan HACCP (Hazard Analysis Critical Control Point) for food products. The lectures use an expository approach in the form of lectures, questions and answers, and assignment completion. The media used is infocus. The stage of student mastery is evaluated through assignments, UTS, and UAS.



Doc. No.: FPTK-UPI-SIL-E0751.49
Revision: 03

OCCUPATIONAL SAFETY AND FOOD SAFETY

Date: 27 October 2021

Page:

3. Outcomes of Referenced Study Program Learning (RSPL)

S Demonstrate scientific, educative, and religious attitudes and behaviors contributing to improving the quality of life in society, nation, and state, based on academic norms and ethics;

P3 Proficient in theoretical concepts of Culinary Arts education

KU Can apply logical, critical, systematic, and innovative thinking in the context of science and technology development or implementation that pays attention to and applies humanities values corresponding to their area of expertise;

KK4 Can create innovation and creativity of culinary arts products

4. Course Learning Outcomes (CLO)

M1 Understand the principles of Occupational Safety and Food Safety (S, P3, KU, KK4)

M2 Understand occupational safety and food safety regulations (S, P3, KU, KK4)

M3 Analyze the concept of occupational safety, (S, P3, KU, KK4)

M4 Analyze the concept of food safety, (S, P3, KU, KK4)

M5 Analyze the concept of sanitation (S, P3, KU, KK4)

M6 Analyze the application of K3P in the food processing chain (S, P3, KU, KK4)

M7 Analyze the application of personal hygiene in the food production chain (Fermentation) (S, P3, KU, KK4)

M8 Analyze the application of K3 (OSH) in commercial service places (S, P3, KU, KK4)

M9 Analyze SSOP, CPPB, HACCP in the food production chain (S, P3, KU, KK4)



SEMESTER LEARNING PLAN	Doc. No.: FPTK-UPI-SIL-E0751.49
	Revision: 03
OCCUPATIONAL SAFETY AND FOOD	Date: 27 October 2021
SAFETY	Page:

5. Description of Learning Plan

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
1	Sub-CLO Indicators 1. Students can explain the concept of Occupational Health and Food Safety lecture rules 2. Students can analyze the principles of Occupational Safety and Food Safety	Course Overview Lecture Objectives Topics for discussion Lecture assignmen ts Evaluation System The Concept of Occupatio nal Safety and Food Safety	Online via SPOT or zoom meeting or Google Classroom with discovery model, question and answer method	150'	The assignment of seeking issues in the environment related to occupational safety and food safety	1,2,3,4,5,6,7,8



Doc. No.: FPTK-UPI-SIL-E0751.49
Revision: 03

OCCUPATIONAL SAFETY AND FOOD SAFETY

Date : 27 October 2021

Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
2.	Sub-CLO indicators: Students can: 1. Analyze laws, or government regulations concerning occupational safety and food safety 2. Evaluate the implementation of occupational safety and food safety	Occupational safety and food safety regulations (good food processing methods, Hazard Analysis Critical Control Point, sanitary hygiene in culinary arts, Halal Food)	Online via SPOT or Google Classroom with discovery model, question and answer method	150'	Process, Oral	1,2,8
3.	Sub-CLO indicators: Students can: 1. Explain the scope of occupational safety correctly	Occupational safety (safe workplace, prevent injuries,	Online via SPOT or zoom meeting or Google Classroom with discovery model, question and answer	150'	Oral quiz at the end of the meeting	1,2,3,4,5,6,7,8



SEMESTER LEARNING PLAN Doc. No. : FPTK-UPI-SIL-E0751.49 Revision : 03 OCCUPATIONAL SAFETY AND FOOD SAFETY Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
5	2. Analyze the factors affecting occupational safety 3. Analyze how to maintain occupational safety 4. Analyze personal protective equipment from work		method	(Ivinue)		



SEMESTER LEARNING PLAN Doc. No. : FPTK-UPI-SIL-E0751.49 Revision : 03 OCCUPATIONAL SAFETY AND FOOD Date : 27 October 2021

Page:

OCCUPATIONAL SAFETY AND FOOD SAFETY

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
4.	Sub-CLO indicators:	caused by work) Food Safety:	Online via SPOT or	150	Process, oral	
4.	Students can: 1. Explain the scope of occupational safety properly 2. Analyze the factors affecting occupational safety 3. Analyze the basics of life for various types of microorganisms 4. Analyze pathogenic microorganisms 5. Analyze how to inactivate microorganisms 6. Analyze how to control food safety	hazards to food, the basics of life of various types of microorganism	Google Classroom with discovery model, question and answer method	130	riocess, oral	



OCCUPATIONAL SAFETY AND FOOD SAFETY

Doc. No.: FPTK-UPI-SIL-E0751.49

Revision : 03

Date : 27 October 2021

Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
		microorganism				
		S,				
5	Sub-CLO indicators:	Sanitation	Online via SPOT or	150'	Oral quiz at the end of	
	Students can:	concept	zoom meeting or		the meeting	1,2,3,4,5,6,7,8
	1. Explain the scope of	(equipment,	Google Classroom with			
	sanitation properly 2. Analyze the factors that	facilities, pest	discovery model,			
	affect sanitation	control, water,	question and answer			
	affect samuation	storage),	method			
6	Sub-CLO indicators:	Food storage,	Online via SPOT or		Oral quiz at the end of	1,2,3,4,5,6,7,8
		food handling	Google Classroom with		the meeting	
	Students can:	and	discovery model,			
	1. Analyze how to	preparation,	question and answer			
	1. Analyze how to maintain sanitation in	cleaning	method			
	the storage room	equipment and				
	2. Analyze how to	sanitizers,				
	maintain sanitation in	rodent and				
	the preparation room	insect control,				
	3. Analyze how to	analyzing				
	maintain sanitation in	procedures for				
	the processing room	cleaning				



SEMESTER LEARNING PLAN Doc. No. : FPTK-UPI-SIL-E0751.49 Revision : 03 OCCUPATIONAL SAFETY AND FOOD SAFETY Date : 27 October 2021 Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
	 4. Analyze how to maintain sanitation in the serving room 5. Analyzing how to maintain sanitation in the distribution chain 6. Analyze the factors that affect sanitation 7. Evaluate the application of sanitation throughout the food production chain in Catering 	equipment and work area spaces				
7	Sub-CLO indicators: Students can: 1. Analyze how to maintain Personal hygiene on a private manner 2. Analyze how to maintain Personnel	Personnel Hygiene (self, food handling, kitchen, serving) Hygieneconcep t, personal hygiene, food	Online via SPOT or zoom meeting or Google Classroom with discovery model, question and answer method	150'	Oral quiz at the end of the meeting	1,2,3,4,5,6,7,8



SEMESTER LEARNING PLAN	Doc. No.: FPTK-UPI-SIL-E0751.49
	Revision : 03
OCCUPATIONAL SAFETY AND FOOD	Date: 27 October 2021
SAFETY	Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
	Hygiene when handling	handling,				
	food	Kitchen,				
	3. Analyze how to	Serving				
	maintain <i>Personnel</i>	C				
	Hygiene in the					
	processing room					
	(kitchen)					
	4. Analyze how to maintain <i>Personnel</i>					
	Hygiene in theserving					
	room					
	5. Analyze how to maintain					
	Personnel Hygiene in					
	the distribution chain					
	6. Analyzing the factors that					
	affect Personnel Hygiene					
	7. Evaluate the application					
	of <i>Personnel Hygiene</i>					
	throughout the food					
	production chain in					
	Catering Services					



SEMESTER LEARNING PLAN Doc. No. : FPTK-UPI-SIL-E0751.49 Revision : 03 OCCUPATIONAL SAFETY AND FOOD SAFETY Date : 27 October 2021 Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
	CLO Indicators After this course is completed, students are expected to be able to 1. Analyze the application of occupational safety in a properly observed place 2. Evaluate the implementation of occupational safety in the place properly observed 3. Design the implementation of occupational safety in an orderly manner	Implementatio n of Occupational Safety and Food Safety in 2 commercial and laboratory catering services	Online via SPOT or zoom meeting or Google Classroom with discovery model, question and answer method	150'	Oral quiz at the end of the meeting	1,2,3,4,5,6,7,8
9					MID-TERM EXA	M



SEMESTER LEARNING PLAN Doc. No. : FPTK-UPI-SIL-E0751.49 Revision : 03 OCCUPATIONAL SAFETY AND FOOD SAFETY Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
10	Indicators After completing this course, students are expected to be able to: 1. Carefully analyze the principles of occupational health and safety in the	Occupational Safety in the Kitchen	Online via SPOT or Google Classroom with discovery model, question and answer method	150'	Oral quiz at the end of the meeting	1,2,3,4,5,6,7,8
	kitchen 2. Evaluate the factors to be controlled for creating health and safety properly					
	3. Determine how to deal with occupational accidents appropriately4. Determine how to deal with emergencies appropriately					



SEMESTER LEARNING PLAN Doc. No. : FPTK-UPI-SIL-E0751.49 Revision : 03 OCCUPATIONAL SAFETY AND FOOD SAFETY Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
11	Indicators	Food	Online via SPOT or	150'	Oral quiz at the end of	1,2,3,4,5,6,7,8
	After completing this course, students are expected to be able to:	Processing Room Sanitation	zoom meeting or Google Classroom with discovery model, question and answer		the meeting	
	1. Carefully analyze the principles of food processing room sanitation		method			
	2. Evaluate the factors to be controlled for creating proper sanitation of food processing rooms					
	3. Determine how to deal with proper food processing room sanitation					
	4. Determine how to properly maintain the sanitation of the food processing room					



SEMESTER LEARNING PLAN	Doc. No.: FPTK-UPI-SIL-E0751.49
	Revision: 03
OCCUPATIONAL SAFETY AND FOOD	Date: 27 October 2021
SAFETY	Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
12	Indicators	SSOP in food	Online via SPOT or	150'	Oral quiz at the end of	1,2,3,4,5,6,7,8
	After completing this course, students are expected to be able to:	processing rooms	Google Classroom with discovery model, question and answer method		the meeting	
	1. Carefully analyze the principles of SSOP (Standard Sanitation Operating Procedure)					
	2. Analyze the factors to be considered in the design of the SSOP properly					
	3. Design SSOP for food processing room appropriately					
13	Indicators	Good Food	Online via SPOT or	150'	Oral quiz at the end of	1,2,3,4,5,6,7,8
	After completing this course, students are	Processing Method (CPPB)	zoom meeting or Google Classroom with discovery model,		the meeting	



SEMESTER LEARNING PLAN	Doc. No.: FPTK-UPI-SIL-E0751.49
	Revision: 03
OCCUPATIONAL SAFETY AND FOOD	Date: 27 October 2021
SAFETY	Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
	expected to be able to:		question and answer method			
	1. Carefully analyze the principles of CPPB		method			
	2. Analyze the factors to be considered in the design of CPPB properly					
	3. Design CPPB properly					
14	Indicators	Hazard	Online via SPOT or	150'	Oral quiz at the end of	1,2,3,4,5,6,7,8
	After completing this course, students are expected to be able to:	Analysis Critical Control Point (HACCP) on	Google Classroom with discovery model, question and answer method		the meeting	
	Carefully analyze HACCP principles	food. CCP (Processing, Purchasing,				
	2. Analyze HACCP components properly	vulnerable food, preparation				



SEMESTER LEARNING PLAN	Doc. No.: FPTK-UPI-SIL-E0751.49
	Revision: 03
OCCUPATIONAL SAFETY AND FOOD	Date: 27 October 2021
SAFETY	Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
	3. Analyze the sequence of work in HACCP properly4. Properly analyze CCP in food production Catering	(pre- preparation), Heating, Holding, serving, cooling/reheati ng), sanitation				
15	Indicators After completing this course, students are expected to be able to: 1. Determine the exact team needed in HACCP 2. Make a proper description of food products 3. Identify users of food	Design HACCP implementatio n	Online via SPOT or zoom meeting or Google Classroom with discovery model, question and answer method	150'	Oral quiz at the end of the meeting	1,2,3,4,5,6,7,8



SEMESTER LEARNING PLAN Doc. No. : FPTK-UPI-SIL-E0751.49 Revision : 03 OCCUPATIONAL SAFETY AND FOOD SAFETY Date : 27 October 2021 Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
	products appropriately					
	4. Make a flowchart of food preparation properly					
	5. Carefully analyze the potential hazards in the food manufacturing process					
	6. Carefully define critical control points (CCPs) in the food production flow					
	7. Determine the critical limit/limit of the hazard in the food manufacturing process					
	8. Determine appropriate hazard control monitoring procedures					
	9. Determine corrective					



Doc. No.: FPTK-UPI-SIL-E0751.49

Revision: 03

Date: 27 October 2021

OCCUPATIONAL SAFETY AND FOOD SAFETY

Page:

Meetin	Indicator of Course	Study Modules	Learning Format	Duration	Assignment and	References
g	Learning Outcomes			(Minute)	Evaluation	
	actions for hazards appropriately					
	10. Define verification procedures appropriately					
	11. make documentation and recording properly					
16	SEMESTER FINAL EXAM		Individual online	150'		1,2,3,4,5,6,7,8

6. References

- 1. Gisslen, W. (2011). *Professional Cooking*. seventh edition. United States of America: John Wiley & Sons, Inc.
- 2. Brown, A. (2000). *Understanding Food Principles and Preparation*. United States of America: Wadsworth/Thomson Learning.
- 3. Forsythe, S.J.and Hayes, P.R. (1998). *Food hygiene, Microbiology and HACCP*. 3rd Edition. Gaithersburg, Maryland: Aspen Publisher,Inc;
- 4. Galia. M. Adams & Y. Motarjemi. (2003). Food Safety Basics. Jakarta: EGC



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- 7. Marriott, NG. (1999). *Principless of Food Sanitation*. Maryland: An Aspen Publication.
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